

Building Family Resilience in a World of Booze, Bongos, and Benzos

Wednesday, February 8th, 2017, 7:00 – 8:30 pm

New Canaan Town Hall, Town Meeting Room
Program begins promptly at 7:00 pm

It's never too late or too early to begin



- Local teens are drinking more alcohol, smoking more pot, using each other's ADHD medications, and mixing in prescription benzodiazepines (like Xanax and Valium).
- Resilience is one of our strongest assets against depression, abuse, and addiction.
- Expert panel offers real-world approaches for building this essential skill.

Practical strategies for kids and parents. Join us for this important event.

For more information please contact New Canaan Health and Human Services
(203) 594-3076 or Carol McDonald at carol.mcdonald@newcanaanct.gov



RECOVERY COACHING FOR FAMILIES

